ENRICHMENT PROGRAMS WINTER 2025





OF GREENWICH

JANUARY 13 TO MARCH 14, 2025

No programs January 20, February 10-17, March 10, 12

New Lebanon School Site 25 Mead Ave, Greenwich, <u>CT 06830</u>

St. Roch Site 2 St Roch Ave., 2nd Floor, Greenwich, CT 06830

203-869-3224 · BGCG.ORG



ACADEMIC SUCCESS

ADVANCE PROGRAM This program is closed

Grade 2 | Location: Hamilton Avenue School | Mon-Thurs, 3:30–5:30 pm

Through a partnership with the Heidenreich Foundation, BGCG launched its newest program initiative, Advance. Advance is a high quality, comprehensive after school and summer enrichment program that builds a strong educational foundation for students during Grades 1 through 3 and creates measurable outcomes that support their long-term academic success.

Using a research-based curriculum that complements the Greenwich Public Schools' learning objectives and grade level or above standards, Advance is rooted in exposing students to the essential ingredients necessary to becoming skilled readers, young STEM explorers, and curious and participating members of any classroom.

This program is currently offered to a pre-registered group of members in Grade 2, and will be expanded in future years.

GREENWICH UNITED WAY'S READING CHAMPIONS This program is closed with enrollment beginning in the Fall

Grades 1-5

Our reading specialists meet for 30 minutes once a week to improve fluency and reading comprehension. A portion of this program will utilize an online reading program.



AQUATICS

BARRACUDAS SWIM TEAM This program is closed with try-outs held in the Fall

Grades 1 and up | Location: YMCA Team BLACK: Tuesday/Thursday/Friday, 7:30-8:30 pm & Sunday 9:45-10:30 am Team GREEN: Friday, 6:45-7:30 pm & Sunday 9:00-9:45 am | Program is full

Team members have been assigned following try-outs that were held in September 2024

Our competitive swim team is a part of the Westchester/Fairfield Swim League. The team will have Saturday swim meets for the 2024-2025 season. Black team swimmers must attend 3 days of practice each week.

ARTS & TECHNOLOGY

BEGINNING/ADVANCED DRAWING

Grades 3 and up| Location: St. Roch | Monday, 5:45-6:45 pm | Limited to 25 participants | Instructor: Professional Artist Michael Manning

A multilevel class focusing on fundamental approaches to drawing. Students work toward an understanding of perspective, contour, shading, line variety, and expression. Classes explore an array of artists and their approaches to drawing for possibilities and ideas. Students will work with perspective, contour, shading, line variation, and expression as they investigate the underlying idea of mark-making and what constitutes a drawing. The session will start with a handcrafted sketchbook that the students design and make. We will look for ways to introduce drawing and sketching as an every day event, leading to confidence and a new level of mastery with this medium.

CROCHETING

Grade 4-8| Location: St. Roch | Time, 4:00-5:00 pm | Limited to 20 participants Tuesdays: November 19, December 3, December 10, December 17 and Thursdays: November 21, December 5, December 12, December 19

Unleash your creativity and learn the timeless art of crocheting in this fun, hands-on class. Through step-by-step guidance, students will master basic techniques such as chain stitches, single crochet, and double crochet.



CHARACTER & LEADERSHIP DEVELOPMENT

HEALING HEARTS

Grades 1-8 | Instructor: Kim Covington-Johnson, M.S. Tuesday | Location: St. Roch | Individual sessions by appointment Thursday | Location: New Lebanon | Individual sessions by appointment

This counseling opportunity will provide coping strategies and emotional support to members of divorced parents. Participants will discuss what transition means and how it affects them and how to navigate through it.

KEYSTONE CLUB

Grades 9-12 | Location: St. Roch | Tuesday, 6:15-8:00 pm

Keystone Club is a leadership and service club for teens in grades 9-12 designed to develop good character and help members grow to become productive, responsible adults. Keystone teens elect officers and implement their own service projects in three core areas: Character and Leadership, Service to the Club and Community, and Education & Career Exploration. Keystone Club is designed to help teen members become more productive citizens and leaders. Each year, the Greenwich Cardinal Keystone Club participates in a national project resulting in a service project with a national scope.

KINDNESS GROUP

Grades K-2 | Wednesday, 3:30-4:15 pm | Location: New Lebanon | Instructor: Kim Covington-Johnson | Limited to 12 participants

Members have an opportunity to identify, learn and embrace three key concepts to Kindness which include respect, equality, and consideration.

PASSPORT TO MANHOOD

Grades 3 and up | Instructor: Kim Covington-Johnson, M.S. & Don Palmer at St. Roch site | Limited to 12 participants Grades 3 & 4 | Thursday, 4:15–5:00 pm | Location: New Lebanon Grades 3 & 4 | Monday, 3:30–4:15 pm | Location: St. Roch Grades 6 and up | Monday, 4:15–5:00 pm | Location: St. Roch

This group promotes and teaches responsibility in older elementary school and middle school-age boys. Passport to Manhood gives young men a chance to express themselves in discussions and activities that reinforce positive behavior in a small group environment.



CHARACTER & LEADERSHIP DEVELOPMENT

SMART GIRLS

This program is closed with enrollment beginning in the Fall

Grades 3 and up | Instructor: Kim Covington-Johnson, M.S. Registration is closed and will re-open for the Spring session Grade 3 | Thursday, 2:45-3:15 pm | Location: New Lebanon Grades 3 & 4 | Tuesday, 3:30-4:15 pm | Location: St. Roch Grades 4 & 5 | Monday, 2:45-3:30 pm | Location: St. Roch Grades 6 and up | Tuesday, 4:15-5:00 pm | Location: St. Roch

SMART Girls is a small group program designed to meet the developmental needs of girls. Each girl will be equipped with critical knowledge and skills in physical health, wellness, mental health, self-esteem, and healthy relationships. Girls will explore their individual and societal attitudes and values as they build healthy attitudes and lifestyles.

SMART KIDS

Grades 4 & 5 | Location: New Lebanon | Wednesday, 4:15-5:00 pm | Limited to 12 participants | Instructor: Kim Covington-Johnson, M.S.

SMART Kids is a small group program designed to meet the developmental needs of youth. Each member will be equipped with critical knowledge and skills in physical health, wellness, mental health, self-esteem, and healthy relationships. Youth will explore their individual and societal attitudes and values as they build healthy attitudes and lifestyles.

TORCH CLUB

Grades 5-8 | Location: St. Roch | Monday, 6:15-7:30 pm

The Torch Club is a chartered leadership group for middle school-age youth. This national awarding winning group elects officers and works together to plan and implement activities based on service to the Club/community, health and fitness, education and social recreation.



HEALTH & FITNESS

e Western Middle School

BASKETBALL

Grades 6-8 | Location: WMS | Tuesday, Thursday 6:00-8:00pm | Limited to 30 participants | Instructor: Mike Gerald

The BGCG Basketball program serves as an introduction to basketball skills through 1.5-hour sessions consisting of drills, clinics and games. We will teach the skills such as dribbling, passing, shooting, rebounding, defense, and offense.

INDOOR SOCCER

Grades 6-8 | Location: WMS | Monday, 6:00-8:00pm | Limited to 30 participants | Instructor: Mike Gerald & Juan Casteneda

Youth will sharpen their soccer skills while focusing on teamwork and sportsmanship, taught along with an appreciation for the game.

TRAVEL BASKETBALL

This program is closed with try-outs held in the Fall

Fee of \$100 per player for the season | All players must be Greenwich residents | Season: End of November 2024 – Mid-March 2025

Girls Grades 6 & 7 | Location: WMS | Monday & Wednesday, 6:00-7:30 pm • Friday 6:00-8:00 pm | Instructor: Mike Gerald

BGCG's travel basketball program is for girls in Grades 6 & 7 who are looking for a competitive and fun basketball experience. Each player will have two opportunities to get better each week (one practice, one skills session) in addition to games. Practices will be built around concepts that prioritize the development of the individual and the team, preparing for competitive game play on weekends through the Fairfield County Basketball League.

Boys Grades 6-8 | Location: WMS | Tuesday & Thursday, 6:00-7:30 pm • Friday 6:00-8:00 pm | Instructor: Mike Gerald

BGCG's travel basketball program is for boys in Grades 6-8 who are looking for a competitive and fun basketball experience. Each player will have two opportunities to get better each week (one practice, one skills session) in addition to games. Practices will be built around concepts that prioritize the development of the individual and the team, preparing for competitive game play on weekends through the Fairfield County Basketball League.



HEALTH & FITNESS

e Western Middle School

VOLLEYBALL

Grades 5-8 | Location: WMS | Wednesday, 6:00-8:00pm | Limited to 30 participants | Instructor: Mike Gerald

The BGCG Volleyball program will serve as an introduction to youth volleyball skills through 2-hour sessions consisting of clinics and games. In addition, this course provides students with opportunities to improve physical fitness, acquire knowledge of fitness concepts, and practice positive personal and social skills. Students will gain an understanding of how a wellness lifestyle affects one's health, fitness, and physical performance.

GENERAL INFORMATION



NO CLASSES ARE HELD ON EARLY RELEASE DAYS OR SCHOOL HOLIDAYS

Accidents

BGCG strives to maintain a safe and secure environment. There is an assumed risk in many of our core programs including, but not limited to, sports. Please feel safe in knowing that our trained staff members are attentive to providing the safest environment possible. The completed membership application authorizes the Club staff to seek medical treatment for a member, if necessary. In the event of a serious injury, the staff will call 911 immediately and then call the parents/guardians or alternative emergency contacts. This is one more reason why updated contact information is your responsibility and crucial to your child's well-being.

Behavior Policy & Member Expectations

The Boys & Girls Club is committed to providing the best Club experience for all members. We strive to create a positive Club environment, to foster member development and promote positive interaction among our members, staff and volunteers. We believe that all persons involved in our Club have the right to a safe, respectful and productive environment. We believe that this type of quality climate requires high expectations, positive behavioral guidelines and fair discipline policies and procedures. In an effort to maintain this environment, we teach and practice the following Club expectations and discipline policy to allow all members and parents/guardians to have a clear understanding of the Club's standards and expectations.

Cell Phone Policy

Objective: To create an engaging and focused environment in our afterschool programs, we have updated our cell phone policy to balance the benefits of technology with the need for meaningful, in-person interactions.

General Rule:

- Cell phones and other personal electronic devices are not allowed to be used during after-school program hours. This policy helps ensure that all participants are fully engaged in the enriching programs we offer.
- If a member is repeatedly asked to put their phone or device away, then a full-time staff member has the right to ask for the cell phone or device to hold onto until the member leaves at the end of the day. The staff will speak to the parents before dismissal.
- Designated "Tech Time": Each site will have a scheduled "Tech Time" period when children will be allowed to use their cell phones in a supervised setting. This period is intended to give students a chance to use their devices responsibly and under staff supervision.
- Tech Time schedules will be communicated by each site's staff and will vary according to site-specific programming needs.

Emergency Contact: The front desk staff is unable to convey messages to members unless it is an emergency.

Exceptions: Exceptions to this policy may be made for medical or emergency reasons. Please discuss any special circumstances with the site coordinator to ensure proper accommodation. iPad and laptops provided by Greenwich Public Schools will be allowed during designated times for homework and group activities.

Responsibility: It is the responsibility of each child to adhere to the no cell phone usage policy during program hours and to use their phone only during designated Tech Time. Parents are encouraged to discuss this policy with their children to ensure understanding and compliance.

GENERAL INFORMATION



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Code of Conduct

The Boys & Girls Club of Greenwich is committed to providing a safe place for children and youth. Aggressive, hostile and other dangerous behavior is not tolerated. No one shall threaten the safety of another person. We are a tobacco-free environment and use of tobacco products is prohibited on Club property, satellite locations, or at Club-sponsored events. Substance abuse, which includes the possession, use or sale of illegal drugs or the unlawful use of lawful substances including alcohol and prescription drugs will not be tolerated on Club promoted or Club-sponsored or Club-related functions.

Parents must treat Club staff, volunteers, members and other parents with respect. Please remember that children learn best by example and it is critical that parents and staff work together to provide the most positive experience possible for children enrolled in BGCG programs.

BGCG reserves the right to dismiss a family at any time we deem necessary. Reasons for dismissal include, without limitation, the following: excessive disruptive or dangerous behavior by the child or parent, excessive and continuing injuring of other children, adults or property; any other inappropriate conduct, to be determined at our discretion.

Discipline Policy & Procedures

The Club maintains an escalating policy of discipline with final decisions resting with the Chief Executive Officer. Breaches of Club rules and expectations are considered serious and can ultimately result in suspension or termination of membership. Following are steps that may be taken:

• Verbal warning with possible removal from activity.

• Removal from activity and meeting with Vice President of Programs and a phone call to parent/guardian.

• Formal meeting with member, parent/guardian and Vice President of Programs.

Food

BGCG understands and appreciates the need for a healthy diet among all of our members. It is our goal to encourage healthy eating habits that promote the well-being of our youth. On weekdays, the Club provides a healthy snack in the afternoon thanks to private contributions. Members are welcome to bring their own healthy snacks and drinks (please note that refrigerators and microwaves are NOT available). Water is provided by Club staff to all members.

Inclement Weather Policy

When the Greenwich Public Schools are CLOSED or have an early dismissal due to inclement weather, the Boys & Girls Club of Greenwich will also be CLOSED. In addition, if public schools cancel their after school activities, BGCG activities will be also CANCELED and will not accept kids after school.

GENERAL INFORMATION



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Late Pick-Up Policy

For every 15 minutes that you are late to pick-up your child, you are required to pay \$10.00. Payment must be made before your child will be allowed back into the Club. Your child will not be allowed back into the After-School Program until your late fee is paid.

Medication

BGCG does not dispense, store and/or oversee medication of any kind, including all nonprescription medications, sunscreens and lotions. We will hold medication upon parents' request.

Membership Cards - Will be Used Once Clubhouse Re-Opens

ONE membership card will be provided to each new or renewal member when all application requirements have been met. Members should bring their card to the Club EVERY DAY. Club members are required to scan in and out each day upon entering and departing the Club. If a member does NOT have his or her card, certain privileges to program offerings may be denied. If a Club card is lost, a replacement fee of \$5 will be charged.

Members Entering the Club

Each day, members must:

- Scan their membership card in and out at the Front Desk. Replacement cards are \$5.
- Report directly to their home base.
- For drop-off or pick-up, parents are not permitted inside the Club.

Personal Belongings

BGCG is not responsible for any personal belongings that are lost or stolen at the Club. Necessary items, such as backpacks and jackets, should be clearly marked with the member's name. Items that are not collected from our lost-and-found area in a timely fashion will be donated to a local charity. Please encourage your children not to bring any valuables to the Club including, but not limited to, cell phones, PlayStations, Pokémon cards or other electronic devices.

Phone Calls

Our phones are for Club business only. Members should ask permission to use phones or receive calls in emergencies only. Our lines need to remain open in the event of an emergency. Please make any necessary arrangements before your child comes to the Club so that you do not have to call the Club and your child does not have to call you.

Supervision

Our staff are trained Youth Development Professionals. A full-time staff member and/or part-time staff oversees each cohort designated program area. Please take the time to remind your child of the need to follow Club rules and directions AT ALL TIMES whether directions are given by a full-time staff member or a part-time staff member. All BGCG employees are mandated reporters and are required to report suspected child abuse or maltreatment – or cause a report to be made – when, in their professional roles, they are presented with reasonable cause to suspect abuse or maltreatment.

Transportation

Transportation is available from most schools in the Greenwich School District to the Club. Please check with your individual school for information.