

ENRICHMENT PROGRAMS FALL 2024



SEPTEMBER 30 TO DECEMBER 13, 2024

No programs October 3, 23, 24, 31 •

November 5, 26, 27 •

December 2, 3, (Dec 4 no volleyball), 12



BOYS & GIRLS CLUB
OF GREENWICH

New Lebanon School Site
25 Mead Ave, Greenwich, CT 06830

St. Roch Site
2 St Roch Ave., 2nd Floor, Greenwich, CT 06830

203-869-3224 • BGCG.ORG

FALL PROGRAMS 2024



ACADEMIC SUCCESS

ADVANCE PROGRAM

Grade 2 | Location: Hamilton Avenue School | Mon-Thurs, 3:30-5:30pm | Program is full

Through a partnership with the Heidenreich Foundation, BGCG launched its newest program initiative, Advance. Advance is a high quality, comprehensive after school and summer enrichment program that builds a strong educational foundation for students during Grades 1 through 3 and creates measurable outcomes that support their long-term academic success.

Using a research-based curriculum that complements the Greenwich Public Schools' learning objectives and grade level or above standards, Advance is rooted in exposing students to the essential ingredients necessary to becoming skilled readers, young STEM explorers, and curious and participating members of any classroom.

This program is currently offered to a pre-registered group of members in Grade 2, and will be expanded in future years.

AQUATICS

BARRACUDAS SWIM TEAM

Grades 1 and up | Location: YMCA

Team BLACK: Tuesday/Thursday/Friday, 7:30-8:30pm | Fee: \$225

Team GREEN: Friday, 6:45-7:30pm | Fee: \$100

Prerequisites: Swimmers must have knowledge of all four competitive strokes: freestyle, backstroke, breaststroke, and butterfly.

Try-outs (required): September 4, 5, 10, 11 / 4:00 - 6:00pm / Location TBA

Our competitive swim team is a part of the Westchester/Fairfield Swim League. The team will have Saturday swim meets for the 2024-2025 season. Black team swimmers must attend 3 days of practice each week.

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ARTS & TECHNOLOGY

CREATIVE SCULPTING ADVENTURES: EXPLORING A WORLD OF MATERIALS

Grade 3 and up | Location: St. Roch | Monday, 5:45-6:45pm | Limited to 25 participants | Instructor: Professional Artist Michael Manning

Class will focus on creative exploration using a variety of traditional and experimental materials. This sculpture class emphasizes foundational elements of building and design with diverse materials. The class aims to expose young artists to a range of materials and methods, enabling them to construct and create works of art. Throughout the course, we will also explore a number of historic and contemporary artists for inspiration and ideas.

Materials will include, but are not limited to, clay, wire, cardboard, and found reappropriated objects.

CHARACTER & LEADERSHIP DEVELOPMENT

HEALING HEARTS

*Grades 1-8 | Instructor: Kim Covington-Johnson, M.S. | Limited to 12 participants
Tuesday, 5:00-6:00pm | Grades 1-8 | Location: St. Roch
Thursday, 5:00-6:00pm | Grades 1-5 | Location: New Lebanon*

This group counseling opportunity will provide coping strategies and emotional support to members of divorced parents. Participants will discuss what transition means and how it affects them and how to navigate through it.

HONOR GUARD

*Grades 3-12 | Location: St. Roch | Wednesday, 4:00-4:30pm | Limited to 12 participants
Starts Wednesday, October 23 | Instructor: Don Sylvester, community volunteer*

The Honor Guard performs at community events such as the Club's Youth of the Year celebration, high school sporting events, Memorial Day, September 11, and Fourth of July ceremonies. Members learn teamwork, leadership, and character development.

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CHARACTER & LEADERSHIP DEVELOPMENT

KEYSTONE CLUB

Grades 9-12 | Location: St. Roch | Tuesday, 6:15-8:00pm

Keystone Club is a leadership and service club for teens in grades 9-12 designed to develop good character and help members grow to become productive, responsible adults. Keystone teens elect officers and implement their own service projects in three core areas: Character and Leadership, Service to the Club and Community, and Education & Career Exploration. Keystone Club is designed to help teen members become more productive citizens and leaders. Each year, the Greenwich Cardinal Keystone Club participates in a national project resulting in a service project with a national scope.

PASSPORT TO MANHOOD

Grades 3 and up | Instructor: Kim Covington-Johnson, M.S., & Don Palmer at St. Roch site | Limited to 12 participants

Grades 3 & 4 | Thursday, 3:30-4:15pm | Location: New Lebanon

Grades 6 and up | Tuesday, 4:15-5:00pm | Location: St. Roch

This group promotes and teaches responsibility in older elementary school and middle school-age boys. Passport to Manhood gives young men a chance to express themselves in discussions and activities that reinforce positive behavior in a small group environment.

SMART GIRLS

Grades 3 and up | Instructor: Kim Covington-Johnson, M.S. | Limited to 12 participants

Grades 3 & 4 | Tuesday, 3:30-4:15pm | Location: St. Roch

Grades 3 & 4 | Wednesday, 3:30-4:15pm | Location: New Lebanon

Grades 4 & 5 | Monday, 2:45-3:30pm | Location: St. Roch

Grades 6 and up | Monday, 4:15-5:00pm | Location: St. Roch

SMART Girls is a small group program designed to meet the developmental needs of girls. Each girl will be equipped with critical knowledge and skills in physical health, wellness, mental health, self-esteem, and healthy relationships. Girls will explore their individual and societal attitudes and values as they build healthy attitudes and lifestyles.

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CHARACTER & LEADERSHIP DEVELOPMENT

SMART KIDS

Grade 5 | Location: New Lebanon | Wednesday, 4:15-5:00pm | Limited to 12 participants | Instructor: Kim Covington-Johnson, M.S.

SMART Kids is a small group program designed to meet the developmental needs of youth. Each member will be equipped with critical knowledge and skills in physical health, wellness, mental health, self-esteem, and healthy relationships. Youth will explore their individual and societal attitudes and values as they build healthy attitudes and lifestyles.

TORCH CLUB

Grades 5-8 | Location: St. Roch | Monday, 6:15-7:15pm

The Torch Club is a chartered leadership group for middle school-age youth. This national awarding winning group elects officers and works together to plan and implement activities based on service to the Club/community, health and fitness, education and social recreation.

VERY WELL CLUB

All Grades | Location: St. Roch | Friday, 3:30-4:15pm | Instructor: Kim Covington-Johnson, M.S.

This grief counseling club is for members whose parent or close family member may be dealing with a serious health challenge. This group will provide the member with safe space to navigate through sometime difficult/complex emotions that come along with dealing with grief, and will be a place where they are given tools to figure a way to honor their loved one.

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HEALTH & FITNESS

@ Western Middle School

BASKETBALL

Grades 2 & 3 | Location: WMS, Gym 1 | Thursday, 6:00-7:30pm | Limited to 30 participants | Instructor: Mike Gerald

The BGCG Basketball program serves as an introduction to basketball skills through 1.5-hour sessions consisting of drills, clinics and games. We will teach the skills such as dribbling, passing, shooting, rebounding, defense, and offense.

Grades 4 & 5 | Location: WMS, Gym 2 | Thursday, 6:00-7:30pm | Limited to 30 participants | Instructor: Mike Gerald

The BGCG Basketball program serves as an introduction to basketball skills through 1.5-hour sessions consisting of drills, clinics and games. We will teach the skills such as dribbling, passing, shooting, rebounding, defense, and offense.

Grades 6-8 | Location: WMS | Friday, 6:00-8:00pm | Limited to 30 participants | Instructor: Mike Gerald

The BGCG Basketball program serves as an introduction to basketball skills through 1.5-hour sessions consisting of drills, clinics and games. We will teach the skills such as dribbling, passing, shooting, rebounding, defense, and offense.

INDOOR SOCCER

Grades 1 & 2 | Location: WMS, Gym 1 | Tuesday, 6:00-7:30pm | Limited to 30 participants | Instructor: Mike Gerald & Juan Casteneda

Youth will be introduced to fundamental soccer principles such as using their feet, dribbling, and the basic rules of the game.

Grades 3-5 | Location: WMS, Gym 2 | Tuesday, 6:00-7:30pm | Limited to 30 participants | Instructor: Mike Gerald & Juan Casteneda

Youth will sharpen their soccer skills while focusing on teamwork and sportsmanship, taught along with an appreciation for the game.

Grades 6-8 | Location: WMS | Monday, 6:00-8:00pm | Limited to 30 participants | Instructor: Mike Gerald & Juan Casteneda

Youth will sharpen their soccer skills while focusing on teamwork and sportsmanship, taught along with an appreciation for the game.

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HEALTH & FITNESS

STEM TO STERN

Grades 5-8 | Location: Greenwich Water Club | Tuesday, 4:20 -7:00pm, and Thursday 5:20-7:00pm | Dates: Sept 10 - Nov 14 | Limited to 12 participants |

Note: Parents must pick youth up at Greenwich Water Club, 49 River Road, Cos Cob

The STEM to Stern program introduces youth to the sport of rowing, and is designed to teach young athletes the basic technical aspects of the sport as well as provide an introduction training through water-based instruction with STEM-based science fair projects. Practices consist of learning the technical skills needed on the water and the boat handling skills necessary to get a boat from the rack to the dock safely. Through a partnership with Greenwich Crew, this program provides athletes with a serious understanding of the sport while also encouraging teamwork and fun.

TRAVEL BASKETBALL TRY-OUTS

*Fee of \$100 per player for the season | All players must be Greenwich residents
Season: End of November 2024 - Mid-March 2025*

*Girls Grade 6 | Location: WMS | Friday, October 18, 6:00-7:00pm | Instructor: Mike Gerald
Boys Grades 6-8 | Location: WMS | Friday, October 18, 7:00-8:00pm | Instructor: Mike Gerald*

BGCG's travel basketball program is for girls in Grade 6 and boys in Grades 6 through 8 who are looking for a competitive and fun basketball experience. Each player will have two opportunities to get better each week (one practice, one skills session) in addition to games. Practices will be built around concepts that prioritize the development of the individual and the team, preparing for competitive game play on weekends through the Fairfield County Basketball League. Team selection will be made at the discretion of the Coaches and/or the Athletic Coordinator.

VOLLEYBALL

*Grades 5-8 | Location: WMS | Wednesday, 6:00-8:00pm | Limited to 30 participants |
Instructor: Mike Gerald*

The BGCG Volleyball program will serve as an introduction to youth volleyball skills through 2-hour sessions consisting of clinics and games. In addition, this course provides students with opportunities to improve physical fitness, acquire knowledge of fitness concepts, and practice positive personal and social skills. Students will gain an understanding of how a wellness lifestyle affects one's health, fitness, and physical performance.

GENERAL INFORMATION



NO CLASSES ARE HELD ON EARLY RELEASE DAYS OR SCHOOL HOLIDAYS

Accidents

BGCG strives to maintain a safe and secure environment. There is an assumed risk in many of our core programs including, but not limited to, sports. Please feel safe in knowing that our trained staff members are attentive to providing the safest environment possible. The completed membership application authorizes the Club staff to seek medical treatment for a member, if necessary. In the event of a serious injury, the staff will call 911 immediately and then call the parents/guardians or alternative emergency contacts. This is one more reason why updated contact information is your responsibility and crucial to your child's well-being.

Behavior Policy & Member Expectations

The Boys & Girls Club is committed to providing the best Club experience for all members. We strive to create a positive Club environment, to foster member development and promote positive interaction among our members, staff and volunteers. We believe that all persons involved in our Club have the right to a safe, respectful and productive environment. We believe that this type of quality climate requires high expectations, positive behavioral guidelines and fair discipline policies and procedures. In an effort to maintain this environment, we teach and practice the following Club expectations and discipline policy to allow all members and parents/guardians to have a clear understanding of the Club's standards and expectations.

Code of Conduct

The Boys & Girls Club of Greenwich is committed to providing a safe place for children and youth. Aggressive, hostile and other dangerous behavior is not tolerated. No one shall threaten the safety of another person. We are a tobacco-free environment and use of tobacco products is prohibited on Club property, satellite locations, or at Club-sponsored events. Substance abuse, which includes the possession, use or sale of illegal drugs or the unlawful use of lawful substances including alcohol and prescription drugs will not be tolerated on Club premises or at any Club-sponsored or Club-related functions.

Parents must treat Club staff, volunteers, members and other parents with respect. Please remember that children learn best by example and it is critical that parents and staff work together to provide the most positive experience possible for children enrolled in BGCG programs.

BGCG reserves the right to dismiss a family at any time we deem necessary. Reasons for dismissal include, without limitation, the following: excessive disruptive or dangerous behavior by the child or parent, excessive and continuing injuring of other children, adults or property; any other inappropriate conduct, to be determined at our discretion.

Discipline Policy & Procedures

The Club maintains an escalating policy of discipline with final decisions resting with the Chief Executive Officer. Breaches of Club rules and expectations are considered serious and can ultimately result in suspension or termination of membership. Following are steps that may be taken:

- Verbal warning with possible removal from activity.
- Removal from activity and meeting with Vice President of Programs and a phone call to parent/guardian.
- Formal meeting with member, parent/guardian and Vice President of Programs.

GENERAL INFORMATION



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Food

BGCG understands and appreciates the need for a healthy diet among all of our members. It is our goal to encourage healthy eating habits that promote the well-being of our youth. On weekdays, the Club provides a healthy snack in the afternoon thanks to private contributions. Members are welcome to bring their own healthy snacks and drinks (please note that refrigerators and microwaves are NOT available). Water is provided by Club staff to all members.

Inclement Weather Policy

When the Greenwich Public Schools are CLOSED or have an early dismissal due to inclement weather, the Boys & Girls Club of Greenwich will also be CLOSED. In addition, if public schools cancel their after school activities, BGCG activities will be also CANCELED and will not accept kids after school.

Late Pick-Up Policy

For every 15 minutes that you are late to pick-up your child, you will be required to pay \$10.00. Payment must be made before your child will be allowed back into the Club. If you do not pay, your child will not be allowed back into the After-School Program until your late fee is paid.

Medication

BGCG does not dispense, store and/or oversee medication of any kind, including all non-prescription medications, sunscreens and lotions. We will hold medication upon parents' request.

Membership Cards

ONE membership card will be provided to each new or renewal member when all application requirements have been met. Members should bring their card to the Club EVERY DAY. Club members are required to scan in and out each day upon entering and departing the Club. If a member does NOT have his or her card, certain privileges to program offerings may be denied. If a Club card is lost, a replacement fee of \$5 will be charged.

Members Entering the Club

Each day, members must:

- Scan their membership card in and out at the Front Desk. Replacement cards are \$5.
- Report directly to their home base.
- For drop-off or pick-up, parents are not permitted inside the Club.

Personal Belongings

BGCG is not responsible for any personal belongings that are lost or stolen at the Club. Necessary items, such as backpacks and jackets, should be clearly marked with the member's name. Items that are not collected from our lost-and-found area in a timely fashion will be donated to a local charity. Please encourage your children not to bring any valuables to the Club including, but not limited to, cell phones, PlayStations, Pokémon cards or other electronic devices.

GENERAL INFORMATION



NO CLASSES ARE HELD ON EARLY RELEASE DAYS OR SCHOOL HOLIDAYS

Phone Calls

Our phones are for Club business only. Members should ask permission to use phones or receive calls in emergencies only. Our lines need to remain open in the event of an emergency. Please make any necessary arrangements before your child comes to the Club so that you do not have to call the Club and your child does not have to call you.

Supervision

Our staff are trained Youth Development Professionals. A full-time staff member and/or part-time staff oversees each cohort designated program area. Please take the time to remind your child of the need to follow Club rules and directions AT ALL TIMES whether directions are given by a full-time staff member or a part-time staff member. All BGCG employees are mandated reporters and are required to report suspected child abuse or maltreatment - or cause a report to be made - when, in their professional roles, they are presented with reasonable cause to suspect abuse or maltreatment.

Transportation

Transportation is available from most schools in the Greenwich School District to the Club. Please check with your individual school for information.